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Hypnotherapeutic Techniques: Second Edition



Synopsis

Two premier hypnotherapists collaborate on a new edition of this award-winning text, a collection of techniques and information about hypnosis that no serious student or practitioner should be without. A thorough and practical handbook of various hypnotherapeutic measures, it contains illustrative examples and logically argued selection methods to help practitioners choose the ideal method for a needed purpose. Section by section, it breaks out the various methods and phenomena of hypnosis into easily digested chunks, so the reader can pick and choose at leisure. An excellent practical guide and reference that is sure to be used regularly. The authors have a wide and longstanding experience on the subject and thus can stay on clinically approvable methods.

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Customer Reviews

Arreed Barabasz, Ed.D., Ph.D., ABPP, is a Psychologist in Practice and Professor and Director of the Hypnosis Laboratory at Washington State University. He is the Editor of the International Journal of Clinical and Experimental Hypnosis, a Diplomat of the American Board of Professional Psychology, and a Past President of the Society for Psychological Hypnosis, Division 30 of the American Psychological Association. John G. Watkins, Ph.D., is Professor Emeritus of Clinical Psychology, University of Montana, and currently serves on the Editorial Board of the International Journal of Clinical and Experimental Hypnosis. Dr. Watkins is a Past President of the Society for Psychological Hypnosis, Division 30 of the American Psychological Association, and of the American Board of Psychological Hypnosis.

Great book. May be a bit too academic for some but a very thorough, science-based text.

Perhaps only faultable because of its textbook-like style, this is a compendium of techniques and information about hypnosis that no serious student, practitioner, or stage performer should be without. Section by section, it breaks out the various methods and phenomena of hypnosis into easily digested chunks, so the reader can pick and choose at leisure. An excellent practical guide and reference that is sure to be used regularly

The book is a thorough handbook of various hypnotherapeutic measures, with illustrative examples and logically argued selection methods to choose the method of choice for a needed purpose. The author has a wide and longstanding experience on the subject and thus can stay on clinically approvable methods.

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